



#### Overview:

We are seeking a skilled and motivated Prep Cook to join our team in the food industry. As a Prep Cook, you will be responsible for assisting in food preparation, menu planning, and ensuring food safety standards are met. This is an excellent opportunity for someone with a passion for cooking and a desire to work in a fast-paced restaurant and banquet environment.

#### Duties:

- Assist in preparing ingredients for cooking, including chopping vegetables, cutting meat, and gathering spices
- Follow recipes and portion control guidelines to ensure consistent quality
- Assist in menu planning and contribute creative ideas for new dishes
- Maintain a clean and organized work area, including proper storage of ingredients and equipment
- Adhere to food safety guidelines and regulations to ensure the health and safety of customers and staff
- Collaborate with other kitchen staff to ensure smooth operations during meal preparation
- Assist with inventory management and stock rotation

#### Requirements:

- Previous experience as a Prep Cook or similar role in the food industry is preferred
- Knowledge of food handling and safety procedures
- Ability to work in a fast-paced environment while maintaining attention to detail
- Strong communication skills and ability to work well within a team
- Flexibility to work evenings, weekends, and holidays as required

#### Skills:

- Cooking skills: Proficient in various cooking techniques and familiar with different types of cuisine
- Catering experience: Ability to handle large quantities of food for events or special occasions
- Food preparation: Knowledge of proper techniques for preparing ingredients, such as marinating, seasoning, and blanching
- Menu planning: Understanding of how to create balanced menus that appeal to customers' preferences
- Food handling: Familiarity with safe handling practices to prevent cross-contamination and maintain food quality

- Knowledge of dietary restrictions: Ability to accommodate special dietary needs or restrictions when preparing meals

Join our team as a Prep Cook and be part of an exciting culinary environment that values creativity, teamwork, and delicious food! Salary based on previous experience.

Job Types: Full-time, Part-time, Seasonal

Pay: \$17.00 - \$21.00 per hour